

# Take the **ONE BAG** **A WEEK** challenge



Your  
Kerbside  
collection  
day is  
**FRIDAY**

Your guide to  
**REDUCING,**  
**REUSING & RECYCLING**



# Take the **ONE BAG** A **WEEK** challenge

It's simple: put just **ONE BAG** of non-recyclable rubbish in your bin each week.

## Did you know...

We're all working together to tackle the climate emergency in Southwark. Reducing your rubbish is one of the simplest actions you can take today to protect your local environment, whilst also helping Southwark reach its target to be carbon neutral by 2030. You might also be surprised at how much money you could save!

On average at least **60% of what we throw away can be recycled** but we're **currently recycling about 35%**. If we all recycled properly we could reduce the amount of money spent on sorting waste, leaving more money for other essential services in Southwark.

**Let's recycle  
better, together.  
For each other.  
For Southwark.**



[southwark.gov.uk/one-bag-a-week](https://southwark.gov.uk/one-bag-a-week)

# What's all this rubbish?

Every week this is what the average bin like yours contains.



Up to 20% can be food waste, and around 40% is actually recyclable! Some of this belongs in your household recycling and some, like textiles and small electricals can be recycled if it's separated in the right way (see page 5 for more details). So your rubbish could be up to 60% smaller if you follow these simple steps;  
**Reduce Reuse Recycle**



Ready to take on the

[southwark.gov.uk/one-bag-a-week](https://southwark.gov.uk/one-bag-a-week)

# 1 REDUCE



## REMEMBER THE LITTLE THINGS

From taking a bag with you to the shops, to packing your lunch in reusable tubs, buying your fruit and vegetables loose and saying no to junk mail, you can make a big positive impact every single day.



## DON'T LET YOUR FOOD GO TO WASTE

On average, around **20% of the waste** collected in Southwark's rubbish bins is food. With some meal planning, using what you buy and freezing leftovers, the average family could also save just over **£40 per month!**

For those unavoidable leftovers make sure you use your food waste service or try home composting. See **page 7** for more details.

## SWITCH TO REUSABLE NAPPIES



If you're a new parent, apply for a **FREE reusable nappy trial pack**. Your baby is likely to need **up to 6,000 changes** from birth to potty training. Using real nappies for your baby can help reduce your household waste by nearly half. It can also save you around **£25 a month**. Simply follow the link below to find out more.

## HAZARDOUS WASTE



Gas canisters, vapes, batteries, electrical equipment, acids and oils are **NOT ALLOWED** fires during waste collections and treatment processes. Only

## APPENDIX C1

# 2 REUSE

Some things aren't ready to be thrown away so **DON'T BIN IT...**

### ...DONATE IT

to your local charity shop if the items are in good condition. Some charities also offer **FREE collections** for larger items.



### ...BRING IT

to a local recycling site.

Find your nearest site at

[southwark.gov.uk/recyclingsites](http://southwark.gov.uk/recyclingsites)



### ...OR BRING IT

to Southwark's Reuse and Recycling Centre, which offers a wide range of options for donating usable furniture, clothing, books, bikes, electricals and even paint. It also accepts all household recycling and general rubbish.



### Open 8:30am to 4.30pm\*

43 Devon Street, SE15 1AL open all year round except Christmas Day, Boxing Day and New Year's Day.

\*Restrictions apply, make sure you check online at [southwark.gov.uk/recyclingcentre](http://southwark.gov.uk/recyclingcentre) before your visit.

### FREE paint!

Through the Community RePaint scheme Southwark residents can pick up donated paint for free. Perfect if you are starting a new DIY project!



### ...BOOK IT

If the items are no longer usable and/or you can't get to the Recycling Centre then book a bulky waste collection. It's £25 for up to 10 items.

Visit [southwark.gov.uk/bulkywaste](http://southwark.gov.uk/bulkywaste) to find out what items are accepted and to book.



Items such as sofas and other soft furnishings that contain flame retardants can only be disposed of via the bulky waste collection or brought to the Reuse and Recycling Centre.

**VED** in your rubbish or recycling as they are dangerous. They can cause explosions and only dispose of these items at the Reuse and Recycling Centre.

[southwark.gov.uk/one-bag-a-week](http://southwark.gov.uk/one-bag-a-week)

# 3 RECYCLE

Make sure you **EMPTY** and **RINSE** items before putting them in your recycling bin loose, **no plastic bags**. Find out why at [southwark.gov.uk/empty-rinse-recycle](https://southwark.gov.uk/empty-rinse-recycle)

## YES PLEASE

Take lids off glass jars and bottles so metals and glass can be separated in the sorting process



Glass bottles and jars ✓



Paper and card ✓



Food and drink cans ✓

Put lids on plastic bottles so that they travel through the sorting process and can be recycled into new plastic items



Plastic bottles and containers ✓



Food and drink cartons ✓



Aerosols and foils ✓

## OOPS! NO THANKS

Please do not put any of these items in your R



✗ Tissues, nappies and sanitary items



✗ Food wrappers, packets and polystyrene



✗ Plastic bags and cling film

[southwark.gov.uk/recycle](https://southwark.gov.uk/recycle)

# FOOD WASTE

**NEED A BIN?** You can request replacement bins, and look up your collection day online at [southwark.gov.uk/recycle](https://southwark.gov.uk/recycle)

## YES PLEASE



Meat, fish and bones



Tea bags and coffee grounds



Fruit and vegetables



Eggs and dairy products



Bread, pasta and rice



Plate scrapings



Garden waste collections are also available to street based properties through a subscription service. To sign up visit [southwark.gov.uk/gardenwaste](https://southwark.gov.uk/gardenwaste)



## NOT IN RECYCLING or FOOD WASTE BIN



X Clothes and textiles



X Soil and rubble



X Garden Waste



X Oil

[southwark.gov.uk/foodwaste](https://southwark.gov.uk/foodwaste)

# APPENDIX C1

## Your collection day is: FRIDAY

Please remember to place your containers at the edge of your property by **6am on FRIDAY**

RECYCLING	FOOD	GARDEN	RUBBISH
Collected Monday Every 2 weeks 	Collected Monday Every week 	Collected Monday Every week* 	Collected Monday Every 2 weeks 

### November 2022

Fri 04	Fri 11	Fri 18	Fri 25
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### December 2022

Fri 02	Fri 09	Fri 16	Fri 23	Sat 31
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### January 2023

Fri 06	Fri 13	Fri 20	Fri 27
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### February 2023

Fri 03	Fri 10	Fri 17	Fri 24
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### March 2023

Fri 03	Fri 10	Fri 17	Fri 24	Fri 31
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### April 2023

Fri 07	Fri 14	Fri 21	Fri 28
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### May 2023

Fri 05	Fri 12	Fri 19	Fri 26
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### June 2023

Fri 02	Fri 09	Fri 16	Fri 23	Fri 30
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### July 2023

Fri 07	Fri 14	Fri 21	Fri 28
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### August 2023

Fri 04	Fri 11	Fri 18	Fri 25
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### September 2023

Fri 01	Fri 08	Fri 15	Fri 22	Fri 29
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### October 2023

Fri 06	Fri 13	Fri 20	Fri 27
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### November 2023

Fri 03	Fri 10	Fri 17	Fri 24
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### December 2023

Fri 01	Fri 08	Fri 15	Fri 22	Sat 30
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\*You must subscribe to have your garden waste collected at [southwark.gov.uk/gardenwaste](https://southwark.gov.uk/gardenwaste)